



Bike Safety Road Test

Learning to ride a bike can be exciting and stressful, especially when it is your child. CAA has designed a road test with safe cycling tips and advice for parents and their kids. Each section gives you step by step instructions on performing common tasks like stopping at a stop sign, changing lanes or properly putting on a helmet. Preparation and practice is one way to help keep you and your child safe on their bike ride.

1. SAFETY COMES FIRST. LET'S PRACTICE PUTTING OUR HELMETS ON.

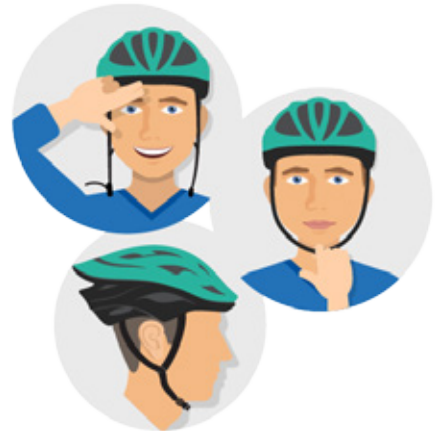
Ensure helmet fits snugly by positioning two fingers above the eyebrows to protect the forehead, and tighten the chinstrap with enough room to slide one finger between the strap and the chin. Adjust the straps to meet in a V shape just below your ears.



GOT IT



NEEDS PRACTICE



2. BE HEARD. TEST YOUR BIKE BELL.

Using your bell let's others know you are there. Use your bell to pass pedestrians or other cyclists safely.



GOT IT



NEEDS PRACTICE



3. HAND SIGNALS HELP OTHERS KNOW YOUR INTENTIONS. LET'S PRACTICE THE LEFT-TURN HAND SIGNAL.

The image to the right shows you how to properly indicate to drivers and other cyclists your intention to turn left.



GOT IT



NEEDS PRACTICE



4. PRACTICE SHOWING OTHER DRIVERS YOUR INTENTIONS TO TURN RIGHT.

There are two ways to indicate you are turning right. The images to the right show you how to properly indicate to drivers and other cyclists your intention to turn right.

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GOT IT

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NEEDS PRACTICE



5. HOW DO YOU INDICATE YOU WANT TO STOP?

The image to the right shows you how to properly indicate to drivers and other cyclists your intention to stop.

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GOT IT

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NEEDS PRACTICE



6. LET'S PRACTICE HOW TO SAFELY ENTER THE STREET FROM A DRIVEWAY.

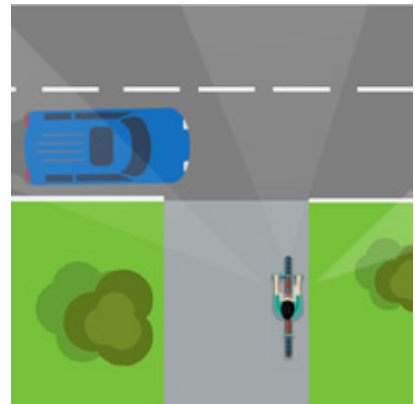
Come to a complete stop. Look left, centre, and to the right. Hand signal your intentions. Look well ahead. When clear of vehicles and pedestrians, proceed safely into the street, keeping to the right-side of the lane or the designated bike lane.

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GOT IT

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NEEDS PRACTICE



7. LET'S RIDE. PRACTICE RIDING ON THE ROAD.

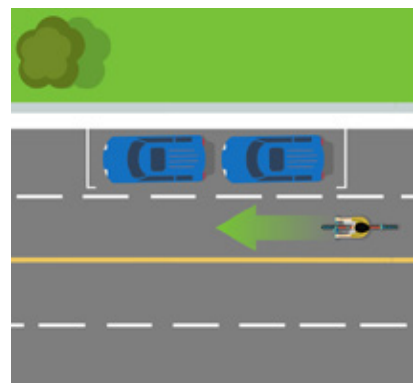
Where there is no segregated bike lane, stick to the right-side of the right lane, staying at least one metre from the curb to avoid roadside hazards. Ride in a straight line at least one metre away from parked cars to avoid drivers who may open their car doors. It is also suggested that drivers give cyclists a one metre buffer when safely passing them. In fact, in some provinces it is the law.

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GOT IT

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NEEDS PRACTICE



8. PRACTICE STOPPING AT A STOP SIGN.

Stop just before the stop line or crosswalk. Where there is no stop line, stop at the corner of the curb. Scan left, centre, and right. Make eye contact with the other cyclist or drivers. Proceed through the stop sign when it is safe to do so.



GOT IT



NEEDS PRACTICE



9. PRACTICE A RIGHT TURN.

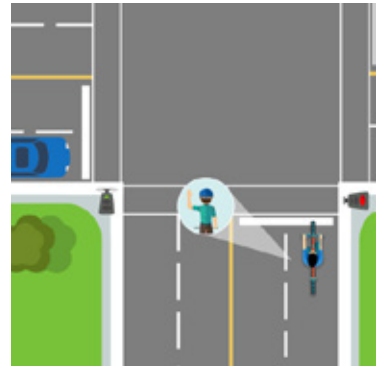
As you approach an intersection to make a right turn, first scan left, centre, and right. Hand signal your intention to turn right. Shoulder check right to ensure it is safe to turn and no other road users are beside you. When safe to do so, turn right and stay on the right-side of the right lane, or in a designated bike lane.



GOT IT



NEEDS PRACTICE



10. PRACTICE A LEFT TURN.

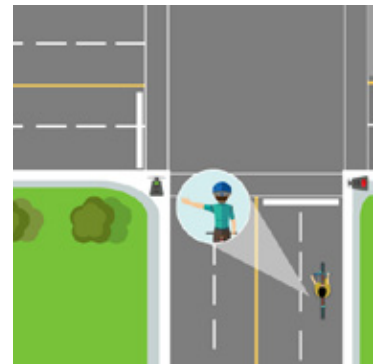
As you approach the intersection scan left, centre, and right. Shoulder check to your left to ensure there is no traffic behind you. Hand signal your intention to turn left. Shoulder check again to ensure it is safe to go. Move and position your bicycle just to the right of the centre line and turn left when safe. After you make your turn, shoulder check, hand signal, shoulder check again, and move to the far right-hand lane.



GOT IT



NEEDS PRACTICE



11. HOW DO YOU HANDLE YIELD SIGNS?

Slow down as you approach a yield sign. Scan the intersection left, centre, and right. Yield to other road users approaching the intersection or already in the intersection. Continue riding when the intersection is clear and safe to do so.



GOT IT



NEEDS PRACTICE



12. WHO HAS THE RIGHT OF WAY: CYCLIST OR PEDESTRIAN?

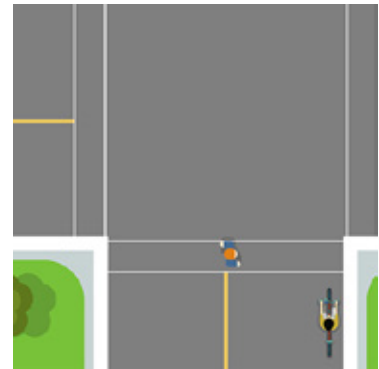
As you approach an intersection and a pedestrian is waiting to cross or crossing the street, come to a full stop and yield the right of way to the pedestrian. Wait until the pedestrian is clear of the crosswalk. Scan left, centre, and right for any other road users and then proceed through the intersection when safe to do so.



GOT IT



NEEDS PRACTICE



13. WHAT HAPPENS WHEN MULTIPLE CYCLIST OR CARS SHOW UP AT AN INTERSECTION AT THE SAME TIME?

If more than one cyclist or vehicle arrives at the intersection, the cyclist or vehicle that stops first should go first. If more than one cyclist or vehicle arrives at the intersection at the same time, the cyclist or vehicle on the right should go first. Make eye contact with the other cyclist or driver of the vehicle. Proceed through the intersection when safe to do so.



GOT IT



NEEDS PRACTICE



14. TIME TO PRACTICE CHANGING LANES.

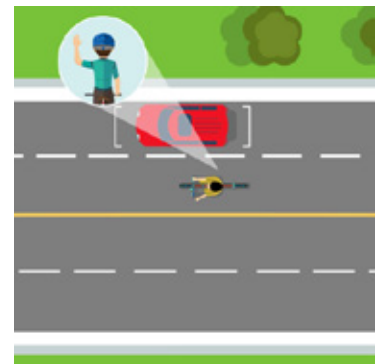
Shoulder check for a gap in traffic to change lanes. Hand signal your intention to change lanes. Shoulder check again to ensure it is still safe to change lanes. If safe, steer into the lane and continue on your trip.



GOT IT



NEEDS PRACTICE



DONE!

YOU HAVE COMPLETED CAA'S CYCLING ROAD TEST.

Look over your results and take note of the areas you need to practice. Spend time learning these skills and then come back and try the road test again.